

## SIGN UP FOR CSBC TRACKS!

It is important that each camper indicates their top four choices for CSBC "tracks" below. Every effort will be made to give campers their first choice. "Swimming Lessons" and "Horseback Riding" are 4-day tracks and campers assigned to either of them will remain in the track for the whole week. "Sports", "Drama", "Woods", "Rockets", "Art", "Nature Writing" and "Orienteering" are 2-day tracks, so campers should be able to participate in their top two 2-day choices. *Please note that the "Horseback Riding", "Rockets" and "Art" tracks have an extra charge, which applies to all campers, whether you have earned a discount or are full-pay. Any "Track" fees are payable with registration fees.*

**CSBC TRACKS ARE FOR  
OVERNIGHT CAMPS ONLY!!**

My Name: \_\_\_\_\_

My Camp Week:                      Junior Camp  
                                                  "Tween" Camp  
                                                  Teen Camp

My CSBC Track Choices:  
(Mark 1, 2, 3, 4)

### 4-Day Tracks:

Swimming Lessons     Horseback Riding

### 2-Day Tracks:

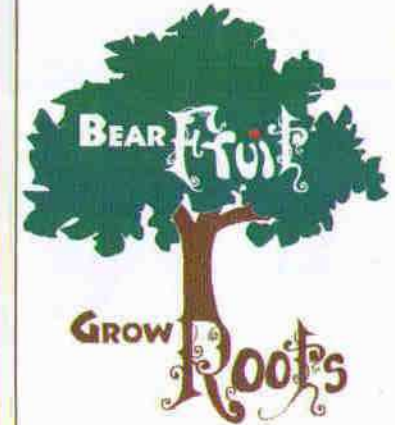
Sports                       Drama  
 Woods                       Rockets  
 Art                             Nature Writing  
 Orienteering



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# CSBC TRACKS



## SUMMER 2011

NEW: 2 & 4-DAY TRACKS!

In addition to normal camp activities with a cabin group, campers will choose either one 4-day, or two 2-day "tracks" from the following options. Space is limited so each track is first-come first-serve. Registering early will help you get your #1 pick!



### CHOOSE A TRACK!

*Please note that the "Horseback Riding", "Rockets" and "Art" tracks have an extra charge, which applies to all campers, whether you have earned a discount or are full-pay. CSBC "Tracks" are for overnight camps only. Any "Track" fees are payable with registration fees.*



### SWIMMING LESSONS (4-DAY)

Regardless of your current swimming ability, we can teach you new things! Come have fun at the pool, each afternoon! Depending on your level, you will be taught new strokes, handy first-aid techniques, and maybe even some pre-life-guarding skills. You will learn specific skills to complete one or more of the seven levels in the the American Red Cross swimming lesson program. Upon completion of the program you will be presented with an official Red Cross swimming card. There is no extra fee for this track.

### HORSEBACK RIDING- (4-DAY, \$50)

This track provides an introduction to the care and riding of horses. Participants in this track will spend 2 hours at a local horse farm every afternoon from Tuesday through Friday. Campers will learn basic horse care responsibilities such as proper grooming, taking care of the tack, and the basics of riding. There is an additional charge of \$50 for this activity, which applies to all campers who choose this track. We only have 12 slots each week open for this track, so please, if you are interested, register right away!

### SPORTS (2-DAY)

If you love to be involved in sports, then join us in the field as we play ultimate frisbee, basketball, volleyball, soccer, frisbee golf, and more--CSBC style! We just might even make up a game or two! We will also hit the slip-and-slide! There is no extra fee for this track.

### DRAMA (2-DAY)

Performing is fun when you are with friends! In this track campers plan and participate in skits, puppet shows, mini-musicals, and more! Here is your chance to act, sing, play, or mime with some of the best that CSBC has to offer! There is no extra fee for this track.

### WOODS (2-DAY)



If you love the woods (and the creek), then this is the track for you! In addition to basic nature activities, you may also learn to tie knots, identify edible plants in the forest, how to build a fort, a fire circle and more. There is no extra fee for this track.

### ROCKETS- (2-DAY, \$5)



Build and fire your own model rocket! In this track, you will work individually or with a partner to construct a model rocket kit. On the second day, after some finishing touches, we'll head out to a field for lift-off! There is an additional charge of \$5 for this activity, which applies to all campers who choose this track.

### ART- (2-DAY, \$5)



Work with your hands to create crafts and other works of art right here at CSBC! You can use digital photography to capture nature and action shots around camp, or you can draw, paint and construct your very own work of art. There are many fun options available to campers who choose this track. There is an additional charge of \$5 for this activity, which applies to all campers who choose this track.

### NATURE WRITING WORKSHOP (2-DAY)



Attention writers! In this track you will be led through a series of fun outdoor creative writing exercises that are designed to help you grow as a young writer. This is a fun way to think creatively about the world around us and to share those thoughts by starting a nature journal!

### ORIENTEERING (2-DAY)



In this fun how-to track you will learn to use a map and compass and the basics of using a hand-held GPS device. Find hidden "geo-cache" items with your friends before the other team beats you to it!